

Tending the Feminine Psyche

A Retreat Workshop in Hawaii for Professionals
in the Eating Disorder & Body Image Field

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Francie, Carolyn, and Anita have planned a Six Day Retreat-Workshop designed to push the envelope of your personal and professional experience. Join us in Hawaii for the most unforgettable, provocative, and life changing discussions on the relationships between sexuality, eating, and body image!

Where: The Big Island of Hawaii

When: September 10, 2009 - September 16, 2009

What: An exploration of Soul, Nourishment, and Consciousness in the Treatment of Eating Disorder & Body Image Treatment: Integrating Embodied Movement & Dreams, Ritual & Mythology, Neurophysiology & Quantum Mechanics ... as Related to the Feminine Psyche. 30 CEU's!

Register: For complete details and online registration visit:
www.DrAnitaJohnston.com or contact Anita at DrAJ1@aol.com

IMAGINE ... beginning every morning with joyful movement or yoga ... **IMAGINE** ... 3 to 4 hours of daily teaching on strategies for treating eating, exercise, & body image issues ... **IMAGINE** ... exploring issues pertinent to in-patient, IOP, or outpatient practice ... **IMAGINE** ... discussing cutting edge ego states & soul work, feminine spirituality & archetypes, cosmology & physiology ... **IMAGINE** ... ocean breezes, brilliant sunsets, illuminating moonrises ... **IMAGINE** ... swimming, hiking, waterfalls, snorkeling ... **IMAGINE** ... time for massage, meditation, shopping ... **IMAGINE** ... evenings with storytelling, mythology, and dream work ... **IMAGINE** ... being a part of a tribe of women dedicated to healing eating disorders ... **IMAGINE!!**

Nourish your mind, nurture your body, feed your soul – and return to your practice with a new, deeper understanding of the sensuality and creativity that is the birthright of all women!