



Focus Healthcare of Tennessee
An Alcohol and Drug Abuse Treatment Center
Center for Eating Disorders

Professional Workshop by Allen Berger, PhD
Author of *12 Stupid Things that Mess Up Recovery*

Integrating Modern Psychotherapy with 12 Step Recovery

Sponsored by:
Focus Healthcare of Tennessee
An Alcohol and Drug Abuse Treatment Center
A Center for Eating Disorders
7429 Shallowford Rd.
Chattanooga, Tennessee 37421

The UTC Counseling Program is cosponsored by the Chattanooga Area Psychotherapy Association (CAPA). CAPA is approved by the American Psychological Association to offer education for Psychologists, SPEs and PEs. CAPA maintains responsibility for the program and will provide 5 continuing education credits. CAPA cannot provide credit for partial attendance.

This program was approved by the National Association of Social Workers- Tennessee Chapter (provider Number: NASWTN2010 □ 0007) for 5 continuing education Units.
NAADAC Approved for 5 continuing education units.

Monday, March 22, 2010 9:30-3:30 pm EST
Cost: \$99.00 Professionals
\$69.00 Students/with ID
Lunch provided

Following this presentation, participants will be able to identify, utilize and explain according:

1. How Step 1 shatters the false self.
2. The 3 clusters that the Steps are organized into.
3. One therapeutic effect and intervention for each step.
4. Define and list two characteristics of emotional dependency.
5. Describe one intervention to help the person in recovery be more self-supportive.

RSVP appreciated by March 16, 2010 Melissa Rogers at 423-308-6577 or Melissar@FocusTN.com
If you have special needs and for more information/cancellations contact Melissa Rogers.