



Professional Workshop By Anita Johnston, PhD

Eating in the Light of the Moon

Experiential Therapy: Using Story Telling, Myth and Ceremony to Assist in Healing Eating Disorder Wounds



Presented By: Focus Healthcare of Tennessee

Chattanooga, Tennessee

7429 Shallowford Road

September 10, 2008 from 9-3pm

Cost: \$50.00, Lunch Provided

Learning Objectives:



Following this presentation, participants will be able to identify, utilize and explain accordingly:

1. The use of storytelling as a tool for developing and understanding of the language of metaphor
2. The use of imagery and stories to reveal the adaptive function of disordered eating behavior
3. The use the symbolism of food cravings to discover hidden emotional hungers
4. Explain how metaphor functions as a change agent
5. Utilize several techniques for using metaphor and imagery in a therapeutic setting

This program is co-sponsored by the Chattanooga Area Psychotherapy Association (CAPA). CAPA is approved by the American Psychological Association to offer continuing education for Psychologists, SPEs and PEs. CAPA maintains responsibility for the program and will provide 5 continuing education credits. CAPA cannot provide credit for partial attendance.



RSVP's appreciated by September 2, 2008

Contact: Melissa Rogers: MelissaR@Focusn.com

Limited Availability

This seminar is designed for mental health professionals of all levels of experience.

If you have special needs and more information/cancellations please contact: Melissa Rogers 423-308-6577

www.FocusCenterForEatingDisorders.com

www.FocusTreatmentCenter.com, 1-800-675-2041

